

This diploma thesis deals with the issue of travelling and working abroad. Concretely it refers about health risks associated with travelling not only to the European Union countries but also to the states, that are considered „exotic“. In connection with the development of the field of travel medicine, the necessity of prevention and vaccination before travelling abroad and also the principles which should be followed during the stay are discussed. Religion is mentioned as important (but also often neglected) factor. The risks connected with travelling by plane are also not omitted. The special attention is paid to the countries which are visited by the Czech citizens the most – focusing on the specific requirements and recommended vaccination for each of them.