

## **SUMMARY**

**Title:** The relationship between rest and the maximum spirometric indicators in the triathlon

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**Objectives:** The aim of thesis is to analyze the relationship between rest and the maximum spirometric indicators for triathletes, who are members of the SCM. It will be also determined whether the analyzed indicators show statistically significantly better performance of triathletes in the representation compared to other triathletes in the SCM.

**Methods:** Data were collected on basis of standard test, which was attended by triathletes in term of SCM. Data were statistically analyzed based on correlation analysis and unpaired non-parametric test. Statistical significance was assessed at the level of 0.05 or 0.01.

**Results:** In the group of men can be confirmed that between rest and maximum indicators is statistically significant correlation relationship (except for respiratory rate and the economy). Another output is achieved for women, a statistically significant relationship exists mainly between rest spirometric indicators and tidal volume and respiratory rate. Higher values of  $VO_{2max}$  is achieved in groups with better performance, this is valid for both group of men and women.

**Keywords:** diagnostics, maximum oxygen consumption, vital capacity, youth sports center