Czech Republic's integration into European and world structures created for its citizens, and continue continue, favorable conditions for working abroad. In the exercise of his profession but and beyond, however, can affect a number of diseases, injuries or complications that result in their early return. This is the same time as the risks identical conditions at home and the extensive and interesting

issues specific to different risk environment. And the second group is dedicated to

The following thesis, motivated by a desire to create their comprehensive overview, assessment of factors

facilitating their establishment and identify appropriate advice and recommendations. They are given in terms of

Prevention, therefore, do not discuss questions of therapy in the expression of the disease. The text is divided into five

chapters. The first offers insight into the health problems of traveling alone, because at the very the beginning of their journey in their own transport there are some health-threatening factors.

The second chapter provides information on the possible impact of the geographical position of the target space

health, due to climatic and atmospheric differences. Chapter Three deals the influence of socio-economic conditions. The fourth specific infectious diseases, often life threatening, many of which are in the Czech Republic and processes do not come only Imported. A final chapter, though certainly nemenšího importance, considering the factors leading failure to psychological signifies the most common reason for early return back home.