

Abstract:

Objectives: Theoretical contribution of the research is to extend knowledge about the impact of psychotherapeutic training on its participants. Community and group psychotherapeutic training is an endemic phenomenon which does not appear out of the Czech Republic and has not been systematically investigated yet.

Goal: The main goal of my dissertation is to detect the influence of psychotherapeutic community training on its members.

Subjects: The subject of investigation is 168 introspectional texts which participants of psychotherapeutic community wrote immediately after completing the training. The texts were developed from the diaries which the members wrote during the 5 years persistence of training.

Research methods: Qualitative analyses of documents based on application of methods, techniques and procedures of “grounded theory”. Content analysis and focus groups were used as complementary methods.

Conclusions: This study formulates an integrated theory of psychotherapeutic approaches including cognitive behavioral methods, psychodynamic psychotherapy and expressive therapeutic techniques concentrated in a system of community and psychotherapy group training. The study describes concrete methods and techniques of leadership work with community and groups which combine social work with large group and group psychotherapy. The research also shows time development of relationships and personal growth between leaders and participants.

Keywords: Psychotherapeutic training, leadership, groups and community work, grounded theory