

Abstract

Psychological and spiritual aspects of ageing crisis.

This Bachelor's thesis focuses on the psychological and spiritual aspects of ageing crisis. The aim of this thesis is to identify ageing crisis difficulties and what potential does the ageing have in terms of personal growth. In the first part research by compilation method is presented. The attention is focused on the psychological aspects, including an acceptance of the physical and psychological changes, new family relations and career changes. The spiritual aspects of ageing crisis involves a path of spiritual growth, looking for the meaning of life, crisis of faith, conversion to faith and hope. In the second part, the thesis analyses the results of questionnaire survey among the people of faith for ages between forty to sixty-four. The respondents had been given a chance to express their opinion via free text to questions regarding ageing, meaning of life and the role of Church Community in helping the ageing people. The important outcome of this survey could provide valuable incentives for parish pastoral care.

Keywords

Ageing, crisis, psychological aspects of ageing, spiritual aspects of ageing, meaning of life, crisis of faith, parish pastoral care