

## **Abstract**

The movement of people in the countryside has considerably changed in recent decades. A man occurs in places where he previously didn't and do things that previously couldn't do. It is for example about the rapid growth of ecotourism and various kinds of sports, from water sports to sports hunting or increased traffic. Waterbirds are for their size and way of life easy target for finders of binoculars and cameras. Effect of these on numbers, distribution and behaviour of waterbirds, it is not in the interest of mentioned people. Education, training and implementation of various conservation or restrictive measures, is often the only way how to protect the birds from negative human impact. Currently there are many researches focusing on the impact of different types of human disturbance. There arise any recommendations how to reduce the impact of these activities. Examples of different types of disturbance and its effect on water birds as well as its effect on animals during recurring activities are summarized in this study.