

The subject of the submitted dissertation is a psychological and sociological analysis of an ageing population problem. The work deals with various options of an active approach that senior citizens could enrich their further way of life and it offers opportunities of specific involvements for elderly people, including the possibility of proposed study at University of the Third Age (U3A). The research also includes a pilot project on a selected group of senior citizens - students of Charles University, 3rd Medical Faculty in Prague.