

Abstract:

Title: The Problematics of musicality in aesthetic-coordination sports

Objectives: This thesis deals with the problematics of musicality in conjunction with aesthetic-coordination sports, particularly acrobatic rock and roll, Latin American dances and modern gymnastics. The aim is to determine the level of musicality in active individuals operating in these sports sectors and compare these results.

Method: The research was made by using standardized test of musicality by Arnold Bentley. The research group consists of competitors of early school age in acrobatic rock and roll (10), Latin American dances (10) and modern gymnastics (10). The results are interpreted by using the tables of frequency and bar graphs through a functions in Excel.

Results: The Ranking aesthetic-coordination sports by success in the test musicality by Arnold Bentley is following: 1) Acrobatic rock and roll (58,1%), 2) Latin American dances (56,5%), 3) modern gymnastics (55,5%).

Keywords: acrobatic rock and roll, music-movement relationships, Latin American dances, early school age, modern gymnastics