

My Bachelor's thesis "The Preventive Effects of Supervision on the Burnout Syndrome" discusses the issue of the burnout syndrome experienced by social workers and the preventive effect of supervision. The study explores the circumstances of the settings of supervising process which enable using the supervision as a practical tool for individuals and teams. The treatise consists of two parts: theoretical and practical. The first one focuses on processing and classifying available information in terms of supervision and burnout syndrome with regard to social services as well as on presenting the newest discoveries suggesting a possible correlation between the burnout syndrome and supervision. Questionnaires filled in by social workers provide a source of information for the second part where the practical aspects and effectiveness of supervision and its preventive effect on the burnout syndrome are discussed and the conclusions from the first part are applied in an attempt to confirm or to rule out certain hypotheses mentioned in the following text. This Bachelor's thesis however does not exhaust the topic completely.