The challenges of dealing with spinal injuries in aquatic situation Aim:

The aim of this thesis is to unify the positions of various educational programs on the issue spinal injuries. The main material has become a time-tested and recommended by experts in emergency procedures

help with spinal injuries in the water, presented Czech school rescue the drowning. Regards rotation instructional video in accordance with that practice. The ultimate goal is the creation of video programs that facilitate and

improve teaching block dedicated to spinal trauma.

results:

The result of this work is a video program that will contribute to the improvement of teaching first aid for injuries

Spine water in schools, workplaces and organizations dealing with this issue.

Keywords:

First aid, spinal injury, Water Rescue Service of the Czech Red Cross, spinal board, spineboard

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