

The marriage encounters the deep crisis nowadays due to many opinions. This work discusses the possible influence of the Church on the situation. The stress on the sacramental nature of the marriage and the endorsement of the significant elements of the marital spirituality is held as a suitable way. The essence of the sacrament of marriage is clarified by the study of the biblical background and of the historical viewpoint. Contemporary theologians have introduced their teaching about the sacrament of marriage as well. They have been developing particularly the results of the last council. Four principles are found the core ones. Being together in Christ strengthens the unity of spouses. The marriage can hardly be indissoluble without the ability of forgiveness. The strong relationship between husbands and the Church is needed to form a healthy community. The source of strength to meet all the requirements is hidden in the common prayer of both partners. The duty of the Church is to help people to recognize the sacramental nature of the marriage and its spirituality. Realizing all this might be the best way of resurgence of matrimony.