

A b s t r a c t

My graduation thesis was engaged in study neuropsychical stress, occurrence of the “burn – out” syndrome and perceive of stress in the group of elementary school teachers. I divided this group into two subgroups. The first of them includes teachers with practice until five years and the second one, over five years.

In general, we would say, that younger teachers are subject to feelings of work overload, disillusion and finally it's much easier for them to contract the stress situation.