

This bachelor thesis called Physocial consequences of adult survivors of child sexual abuse from workers of Civic organization Elektra perspective aims to show the fact that the victims of sexual abuse are able to cope with the trauma and lead full life. The thesis is based on the experience of Civic organization Elektra – Support centre for child sexual abuse women survivors. The 1st part summarises the theory of sexual abuse. A brief historical attitude towards maltreated and sexually abused children is followed by statistical data evidencing a high number of adults, who in their childhood experienced some form of sexual abuse. The chances and prevention of this crime is also specified. The 2nd part talks about consequences of child sexual abuse and the effect on adult survivors in many ways. It is viewed from the aspect of psyche, psychosomatics and social sphere. The final part focuses on ways to help adult survivors of child sexual abuse and also tries to describe the therapeutic and counselling help and process in a bigger detail. The main aim of this thesis is to at least partly make the topic of sexual abuse less taboo.