

The aim of this dissertation is to highlight the fact that mental disorders can also have a spiritual cause. This thesis is based on an assumption that the spiritual condition of a person is expressed by mental manifestations of man. The research focuses mainly on the spiritual condition of man, that influences the holistic health of man. If we speak of a physical treatment or mental disorders treatment we can also speak about spiritual healing. It focuses on the treatment of a spiritual pathology of man. The research in this dissertation was inspired by a living praxis of desert Fathers of 4th century AD. This dissertation aims to present this concept to a man of the 21st century.