

The bachelor thesis inquires into the problems caused by sexually motivated criminal offence in the sexual sphere. Specifically, rape and the treatment hereof by means of the form of psychotherapy called Biosynthesis. The focus is constricted to adult women with a history of mental trauma following rape in their medical record, who have gone through individual, biosynthetic psychotherapy as a means of dealing with the trauma. The goal is to gain an understanding of rape victims, to understand the principles of biosynthesis, and to determine the specific benefits hereof when healing mental trauma. The theoretical part focuses on the characteristics of the condition of rape victims before psychotherapy. Possible effects of the assault on the victim's subsequent behaviour and personality, as well as the transformation hereof, are described. Symptoms that may occur as a result of the traumatic event are detailed. Psychosomatic conditions as a consequence of the mental trauma and the importance of body therapy are discussed. Examples of themes, which traumatized clients go through during psychotherapy, are presented. Also, a description of the body oriented psychotherapeutic system, Biosynthesis, is provided. The empirical part of the thesis is identifying specific methods of Biosynthesis. Symptoms and themes, which most often occur as results of mental trauma are described. It is attempted to establish which techniques for bodily therapy may be effective in treating mental trauma. It is investigated which changes of the client's conditions can be assigned to the biosynthetic therapy. The overall goal is to produce a theoretical frame work for the empirical findings.