This thesis deals with topic of menstruation which is set into protestant milieu. Foundation of work consists of three interviews. These interviews help to fulfill the aim, which wants to bring the importance of menstruation to helping professions and see which clues evangelical milieu gives to women for living such experience. Respondents were three young women from Evangelical Church of Czech Brethren. The work consists of seven chapters, which represent the author's pre-understanding, further describe the methodology of qualitative approach and menstruation in a bio-psycho-socio-spiritual context. Another part shows evangelical milieu, and other milieu important for their socialization. The next chapter reflects the results of the research. Work ends with discussion and conclusions that summarize the topic, critically reflect and represent practical recourses.