

ABSTRACT

The present diploma thesis is engaged in the education of patients prior to the application of anaesthesia. The theoretical part studies the area of education. For a comprehensive overview of the problems at issue, the theoretical part delves in the area of anaesthesia.

The thesis examines the contribution of education provided to patients prior to the application of anaesthesia. The target group of respondents is composed by patients who underwent a procedure requiring an anaesthesiology care. Patients suitable for data collection were selected using the purposeful sampling method on the basis of collaboration with head nurses of the given hospital wards. The research was conducted by a quantitative method, using the author's own questionnaire. The total of 69 questionnaires was distributed.

The results of the research investigation conducted that patients are provided advice as to anaesthesiology care in more than one half of all cases. The greatest share in providing advice and education to patients in anaesthesiology care is taken up by physicians – anaesthesiologists. Most often, advice is provided in form of an informed consent, including oral advice. A vast majority of the patients questioned observe the recommendations and measures that they have been informed of. The results further imply that the advice provided is adequate for a great majority of the patients questioned, who were given an opportunity to ask for clarification or complementation of the advice. The research investigation showed that the number of the patients questioned who were given advice in particular areas of anaesthesia exceeds slightly over one half of the total number of the patients questioned.

Recommendation ensuing from the results of the research investigation is directed at members of an anaesthesiology team who are involved in the education of patients.

Key words: anaesthesia, anaesthesiology nurse, education, educational process, patient