

## **Summary**

The bachelor thesis deals with the problematics of food preparation for newborns and infants. The thesis analyzes the information concerning the nutrition food for infants and type of preparation of that food. Empirical part introduces data that compare the method of preparation of nutrition food in hospitals with the findings identified in the theoretical part and determines how much hospitals follow the rules and standards while preparing nutrition food.

## **Keywords:**

child nutrition, essential nutrients, infant formula, preparation of food for newborns and infants