

## **Abstract**

**Title:** The using of combat sports in physical education at high school

**Goals:** To find out the high school pupils' relation to physical education, their relation to combat sports and their relation to class of combat sports

**Methods:** This is a quantitative research, in which will be used method of questioning by questionnaire.

**Results:** Results indicate what the relations of high school pupils to physical education, to combat sports and to the class of combat sports. We found out, that the relations are mostly positive.

**Key words:** Using, combat sports, physical education, high school