

ABSTRACT

BACKGROUND: Chronic hepatitis C is an infectious viral disease that is currently the cause of significant morbidity and mortality in our country and worldwide. The group most at risk of this disease are injecting drug users, where it is particularly important to support motivation and increase adherence in treatment. One way to do this is to properly and thoroughly educate patients.

AIMS: The main objective of the research is to investigate the education of respondents in the treatment of viral hepatitis C by means of a questionnaire survey. A partial goal is to create a proposal for the education of nurses in the hepatitis clinic.

METHODS: For the quantitative research, the questionnaire method was used. The questionnaire was designed for patients of a private hepatological clinic.

RESULTS: All patients were educated about the treatment of viral hepatitis C, but different subjects were covered. The content of education was sufficient for 62 % patients, for 62 % was the education understandable. A conversation with the doctor was an ideal way of education for 68 % respondents. Upon another visit to the hepatological clinic, reeducation was done by a nurse in 70 % cases. Health education took 70 % of respondents within 30 minutes, of which 24 % only took 5-10 minutes.

CONCLUSIONS: All patients during the initiation of treatment of viral hepatitis C were informed about selected topics related to the treatment. Most patients were satisfied with the information provided.

KEYWORDS: Viral hepatitis C, treatment of viral hepatitis C, education, injecting drug users.