## **Anotation**

I have divaded text to the four main chapters I have devided the thext in four main chapters: Dog influence on human psyche, Zootherapy, Guiding and assistance dogs and Canistherapy. In my view, i summarize all ways how dog can help a person, therapeutically or by assistance. I was first introduced to the topic with the book:"Pes lékařem lídské duše", written by MUDr. Lenka Galajdová. More scientific title for me was the book, written by Prof. MUDr. Miloš Veleminský CSc., "Zooterapie ve světle objektivních poznatků". The book that i used third most frequently was "Animoterapie aneb Jak nás zvířata umí léčit", by Prof MUDr. Zoran Nerandžič. Also valuable resource for my work were the websites of organizations (SVVP, Helppes, Pomocné tlapky), where can be found general and specific informations. I choosed these organizations, because in my opinion, these organizations are the most famous and largest. As a part of my work, i had a opportunity to see canistherapy in practice at different target groups of clients. I also had the honor of having an interview with Misa Holasova, who is the owner of two guide dogs and a staff member for the "Středisko výcviku vodících psů". Resources kation were made in acordance with ISO 690.

## **Key words**

Dog, human, client, therapy, zootherapy, canistherapy