Abstract

Title: Analysis of the badminton matches in men's and women's singles

The goals of essay: Main goal of the essay is to find out differences in first three shots and its

most common combinations in single matches of men and women in relation to gaining a

point during the rally. Another goal was to find frequency of using backhand and forehand

hold in second and third shot. The last goal was to compare the frequency of ending in first,

second and third shot between men and women.

Methods: Indirect analysis – videoanalysis

Results: According to results men and women primarily choose different types of serving.

Men most often use short backhand serve, women high forehand serve. For the second shot

men choose short shot or lob, women use smash. The third shot is lob in men rally, women

choose short shot most often. Generally men uses in the first three shots shots less clears than

women do. For both sexes are the most effective shots offensive ones, but men are more

successful than women. The most effective direction of return was for men and for women the

body of the player, in third shot it was the backhand side too (left middle and left back of the

field). Men were more successful with forenhand, women with backhand. The frequenc of

endings to third shots shows that women more often end the rally till the third shot.

Key words: notational analysis, serve, return, third shot, technique, tactics