

ABSTRACT

The master's thesis is devoted to bullying prevention with a focus on primary school pupils. It has both theoretical and empirical character.

The theoretical part provides a deeper insight into the issue of bullying clarifies relationships among its actors and the displays of bullying while focusing on types of pupils' aggression. It further provides knowledge of developmental psychology. The bullying prevention part is divided into a sub-part, which teachers can use at class level, and a sub-part, which schools implement at the level of school education programme. At the end the preventive programmes for primary school pupils and organizations which provide primary prevention are described.

The empirical part comprises a research conducted using Korthagen's "Spiral of Professional Development". A "Cats' Garden" preventive programme was implemented in the second grade classes of a primary school. After the implementation, a detailed reflection was carried out, in which the basic aspects were evaluated and the alternative options were suggested. Based on the evaluation, a new anti-bullying programme was developed and tested on the pupils. The research used observation methods, interviews and product analysis. The aim of the research was to evaluate the effectiveness of the programme considering developmentally appropriate activities and forms of work. Characteristics of a quality preventive programme were formulated and recommendations for its creation were established.

KEYWORDS

Bullying, aggression, prevention, bullying effects, causes of bullying, bullying stages, characteristics of participants, bullying diagnosed, preventive programmes, primary school