

Abstract

In this bachelor thesis entitled "Educational Skills and Their Application in Practice" we are dealing with education of patient by nurse. The thesis is divided into the theoretical and empirical part.

The theoretical part describes the education in nursing, the characteristics of the participants in education, the role of nurse as educator, factors influencing education, communication in education, didactic principles of education, educational methods, educational goals, and educational process in nursing. The empirical part describes a questionnaire survey consisting of a questionnaire for nurses and a questionnaire for patients at the internal and surgical departments of the Motol University Hospital and Orlová Regional Hospital. The aim was the primary data collection and their subsequent analysis.

Empirical part describes the methodology and organization of the survey, the characteristics of the survey sample and the analysis of the survey results. The survey results are graphically processed and the working hypothesis statistically processed. The results of the thesis confirm that education is consider to be important not only by nurses but also by patients who are aware of the importance of the educational process. The biggest obstacle during educational process for nurses is lack of time. Patients would prefer to be educated in private, but unfortunately, according to the answers of nurses, these rooms are missing at departments. The discussion evaluates the acquired data and the goals of the work and compares the results of this work with the results of the work on a similar topic. The conclusion of the thesis confirms the urgency to apply recommendations in practice in order to improve the quality of educational process by nurses.