

Abstract

Recently, there has been a rapid rise in obesity, leading to a number of problems. Obesity is classified as a chronic metabolic disease that needs to be healed throughout life. It can also arise on the basis of a genetic basis, among which significant factors are the family and its eating habits - the children then copy their parents and transfer their family habits to other periods of their lives. We grow up in an obesitogenic environment full of marketing, lack of time to eat properly, and we use fast foods, which are available in abundant amount.

I suppose that society should be given greater emphasis on the risk of obesity and related associated illnesses that greatly reduce life.

Obesity can be treated in several ways, the most effective is bariatric surgery. Bariatric performance is becoming more frequent.

The aim of this bachelor thesis is to get acquainted with the nursing care of the bariatric patient, in the form of a case report of a 44 year old patient after stomach plication.